



Dear Field Hockey Players, Coaches and Parents,

I would like to inform you about the following 'Hockey Fun' events that we are offering for you and your teams in spring and summer 2019. The goal of each event is to promote and develop the game of field hockey, and to assist all those involved to develop their hockey through interactions, demonstrations, dialogue, video footage and sharing experiences.

Enclosed is a snapshot of our spring and summer events, all run by myself and my UD coaching staff. The high-quality spring clinics and training sessions will take place at Rullo Stadium at the University of Delaware in Newark, DE. Our successful *The Next Level* (overnight or day) camps will take place at Rullo Stadium and Frazer Field. And our quality *WHISE Guys* (day) camp takes place "in your area" at a field turf at general locations. We will also be hosting a *Coaches' Clinic* at the University of Delaware in Newark, Delaware.

We hope to welcome you at one or a couple of our 'Hockey Fun' camps and/or clinics in 2019. Do not wait too long or you and your team may miss out on great hockey development opportunities in a friendly learning setting. Feel free to contact myself or my wife, Mary, for any questions you may have. We are here to assist you with your future *Hockey Fun*.

Yours in Field Hockey,

**Rolf van de Kerkhof**

*Hockey Fun* Director, IMPACT Sports & Health Inc.

University of Delaware Head Coach Field Hockey

*NCAA D1 Champions 2016*

*CAA Champions 2013, 2014, 2015, 2016, 2017*

*NCAA D1 National Coach of the Year 2016; NFHCA Regional Coach of the Year 2009, 2013 & 2016*

Websites: [www.fieldhockeyfun.net](http://www.fieldhockeyfun.net)

Email: [info@fieldhockeyfun.net](mailto:info@fieldhockeyfun.net)

Hockey Fun phone (Mary): 734-678-5726

**COACHES' CLINIC with Master COACH AGUSTIN CORRADINI**

**FORMER ARGENTINA WOMEN'S NATIONAL TEAM COACH**

**JULY 27<sup>TH</sup> 2019 @ UNIVERSITY OF DELAWARE 9:30AM – 4:00PM**

Coaches of all levels (middle/high school, club & college) are invited to come together as a community of learners – to learn and share hockey. We encourage all coaches to provide us with topics they would like covered at the clinic. We are looking forward to your feedback and to welcome you to our Hockey Fun Coaches' Clinic with Agustin Corradini!

To register: Go to <https://fieldhockeyfun.siplay.com> to register. You can also contact Rolf ([kerkhof@udel.edu](mailto:kerkhof@udel.edu); 302-319-1363) with questions and suggestions for the clinic.

**[www.fieldhockeyfun.net](http://www.fieldhockeyfun.net)**

*Hockey Fun* Field Hockey Camps, presented by IMPACT Sports & Health Inc., is neither run nor operated by the University of Delaware



# HOCKEY FUN SPRING/SUMMER 2019

Register via [www.fieldhockeyfun.net](http://www.fieldhockeyfun.net)



## NEXT LEVEL TRAINING WEEKEND TWO-DAY TRAINING WEEKEND @ UD

Advanced & elite players 7<sup>th</sup>–12<sup>th</sup> grade (girls & boys)

March 30-31

Saturday: 9:30am – 8:30pm & Sunday: 8:00am – 1:00pm

\$250\* per player per weekend

- Includes coaching, video and educational sessions by college coaches, sports nutritionists, sport psychologists and strength & conditioning staff.
- \* Lunch & dinner on Saturday is included. Housing and breakfast is **not** included. Preferred Hotel booking at UD Courtyard Marriott – contact *Hockey Fun* for hotel info.

## HOCKEY ACTION! AND #1-GK ACADEMY SPRING DUAL SERIES @ UD

Current 5<sup>th</sup> grade – 12<sup>th</sup> grade (girls & boys)

Sundays: March 31; April 7, 14; May 5, 12

Saturday: May 18

Time: 1:30pm – 4:30pm

Entire Series (all 6 Sessions):	\$450 per player
March & April only (3 Sessions):	\$250 per player
May only (3 Sessions):	\$250 per player
Choose your Own Sessions:	\$110 p.p. per session

- For the field players (Hockey Action) & goalkeepers (#1 GK) with a desire to improve her/his hockey technical, tactical and physical speeds.
- #1-GK Academy entails a goalkeeping-specific curriculum.
- Instruction includes creating awareness and providing tools to improve speed of skill execution, speed of decision making and physical speed (agilities & footwork).

## PEEWEE HOCKEY

SPRING INTRO TO HOCKEY SERIES @ UD

Current K – 4<sup>th</sup> grade (boys & girls)

Sundays: March 31; April 7, 14; May 5, 12

Saturday: May 18

Time: 12:15pm-1:15pm

Entire Series (all 6 sessions):	\$90 per player
March & April only (3 sessions):	\$50 per player
May only (3 sessions):	\$50 per player
Choose your Own Sessions:	\$25 p.p. per session

- Includes technical & small-game basic skill development.

Per NCAA regulations, all *Hockey Fun* camps, clinics & competitions are open to any and all players (limited only by number & grade/age)

## FRIDAY NIGHTS TRAIN & PLAY SPRING FRIDAY SERIES @ UD

Current 5<sup>th</sup> grade – 12<sup>th</sup> grade; field players & GKs

March 22, 29; April 5, 12, 19; May 3, 10, 17, 24

Fridays: 6:30pm – 8:30pm

Entire Series (all 9 Sessions):	\$350 per player
March & April only (5 Sessions):	\$210 per player
May only (4 Sessions):	\$170 per player
Choose your Own Sessions:	\$60 p.p. per session

- Technical & Tactical basic skill development.
- Goalkeeping-specific coaching.
- Includes 60% development instruction, 40% games

## THE NEXT LEVEL CAMP SUMMER OVERNIGHT/COMMUTER CAMPS @ UD

#1 Blue: July 11 – 13 (Thurs–Sat / 3-Day)

#2 Orange: July 18 – 21 (Thurs–Sun / 4-Day)

#3 Green: July 22 – 25 (Mon–Thurs / 4-Day)

TNL Blue & Green:	Rising 6 <sup>th</sup> grade – college freshmen
TNL Orange:	Rising 8 <sup>th</sup> grade – college freshmen

- For teams and individuals
- Great for preseason player and team preparation.
- Curriculum and coaches will challenge each player / team to improve their hockey in a learning friendly environment.

**TNL Blue (3 Day) Total Registration Costs (Early Bird):**

- Commuter/Day-Camper: **\$465** (\$440 EB)
- Resident/Overnight-Camper: **\$535** (\$510 EB)

**TNL Orange & Green (4 Day) Total Registration Costs (Early Bird):**

- Commuter/Day-Camper: **\$550** (\$525 EB)
- Overnight-Camper UD Laird Campus: **\$600** (\$575 EB)
- Overnight-Camper UD Courtyard Marriott: TBA (NO EB)

## EMPOWER FH ACADEMY

w/ U10, U12, U14 CLUB @ UD

**Club Tournaments: May 11 (Sat) & July 28 (Sun)**

U10; U12; 14 club teams: **8am – 6pm** **\$375** per 7v7 team

**Academy Training Camp: July 29 – 31 (Mon-Wed/3-Day)**

Rising 4<sup>th</sup> – 8<sup>th</sup> grades: **9am – 4pm** **\$275** per player

- Empower FH Club Training to start Fall-2019. Recruitment of U10, U12 & U14 players for teams: March 1 – September 1.
- Interested in participating in Club & Academy events? Email us: [info@empowerfieldhockey.com](mailto:info@empowerfieldhockey.com).